

Nature Walk Word Search

Find all 15 hidden nature walk.

Difficulty **Medium** ■■■□□

Estimated time 🕒 7-13 min

Recommended age 9 and up

Suited to confident young readers.

Puzzle ID NW-M-188

Version 2026.3

Name _____

Date _____

Completed in _____

Every Modern Word Search puzzle follows a published design specification and is individually reviewed before publication.

C	Q	N	B	Y	K	E	K	J	K	H	C	U	E	O
G	I	D	E	N	T	I	F	Y	U	P	S	F	L	B
Z	N	E	J	R	O	A	Z	U	H	R	I	C	W	S
J	O	U	R	N	A	L	R	T	A	L	S	Y	G	E
M	E	O	W	B	S	D	F	L	D	M	L	N	Y	R
I	A	N	H	H	W	R	U	L	E	W	I	J	X	V
N	Z	E	C	T	W	C	I	T	J	D	W	D	S	E
D	L	Z	X	O	O	W	A	S	N	P	O	I	T	X
F	U	P	D	N	U	I	S	U	S	E	O	V	R	A
U	C	A	I	C	C	N	O	S	C	A	D	E	E	V
L	E	B	X	E	Z	R	T	Z	O	C	L	R	A	Z
M	S	R	R	E	R	H	Z	E	D	E	A	S	M	H
Y	U	P	T	U	O	H	X	I	R	F	N	E	N	Y
W	P	F	S	H	S	G	N	P	B	U	D	J	M	M
A	P	E	H	A	B	I	T	A	T	L	H	X	C	K

WORDS TO FIND

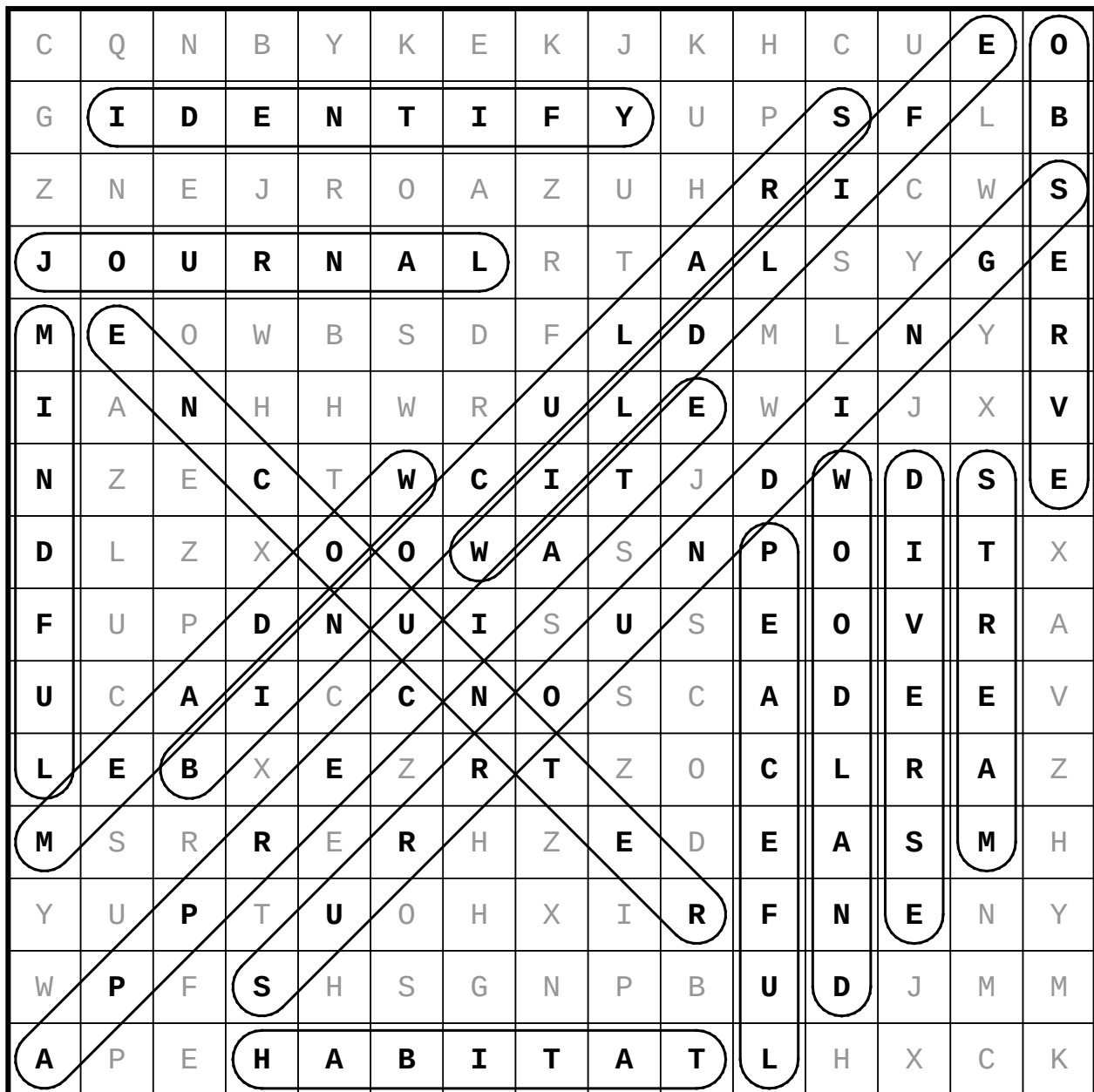
APPRECIATE
BINOCULARS
DIVERSE
ENCOUNTER

HABITAT
IDENTIFY
JOURNAL
MEADOW

MINDFUL
OBSERVE
PEACEFUL
STREAM

SURROUNDINGS
WILDLIFE
WOODLAND

Nature Walk — Answer Key



Did you know?

- Shinrin-yoku, a Japanese practice often translated as "forest bathing," is a real, studied approach to spending mindful time in nature.
- Multiple studies have found measurable mental health benefits from regular time spent walking in natural settings.
- Habitats with a greater mix of plant and animal life, higher biodiversity, tend to be more resilient to disruption than simpler ones.
- Birdwatching participation has grown substantially in many countries over recent decades, now counted among the most popular outdoor hobbies.

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