

Nature Walk Word Search

Find all 10 hidden nature walk.

Difficulty **Easy** ■■■■■

Estimated time ⌚ 2-5 min

Recommended age 5-8 years

Designed for beginning readers.

Puzzle ID NW-E-188

Version 2026.3

Name _____

Date _____

Completed in _____

Every Modern Word Search puzzle follows a published design specification and is individually reviewed before publication.

L	B	A	C	D	R	P	A	T	H	W	W
B	Q	E	A	U	J	X	T	U	J	A	O
Y	O	X	Y	Z	K	Z	A	W	F	N	X
C	U	P	Q	O	D	N	P	A	R	D	N
V	T	L	P	E	D	Z	F	L	E	E	A
D	D	O	O	J	C	C	W	K	S	R	T
P	O	R	U	H	M	M	O	N	H	T	U
H	O	E	D	I	S	C	O	V	E	R	R
Q	R	B	R	E	A	T	H	E	Z	R	E
U	S	X	Y	T	R	A	I	L	M	M	T

WORDS TO FIND

BREATHE
DISCOVER
EXPLORE

FRESH
NATURE
OUTDOORS

PATH
TRAIL
WALK

WANDER

Nature Walk — Answer Key

L	B	A	C	D	R	P	A	T	H	W	W
B	Q	E	A	U	J	X	T	U	J	A	O
Y	O	X	Y	Z	K	Z	A	W	F	N	X
C	U	P	Q	O	D	N	P	A	R	D	N
V	T	L	P	E	D	Z	F	L	E	E	A
D	D	O	O	J	C	C	W	K	S	R	T
P	O	R	U	H	M	M	O	N	H	T	U
H	O	E	D	I	S	C	O	V	E	R	R
Q	R	B	R	E	A	T	H	E	Z	R	E
U	S	X	Y	T	R	A	I	L	M	M	T

Did you know?

- Shinrin-yoku, a Japanese practice often translated as "forest bathing," is a real, studied approach to spending mindful time in nature.
- Multiple studies have found measurable mental health benefits from regular time spent walking in natural settings.
- Habitats with a greater mix of plant and animal life, higher biodiversity, tend to be more resilient to disruption than simpler ones.
- Birdwatching participation has grown substantially in many countries over recent decades, now counted among the most popular outdoor hobbies.

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